



it really does take a village

It is my life's purpose to be of service to mamas. There is such a lack of support for mothers in our society and I am filling this space with loving support. Mama hood can feel so lonely, I'm here to assure you, **you are not alone.** Whether you're a first time mom or balancing a new baby with a toddler, the struggles that come along with raising tiny humans can feel overwhelming at times. Together we find the tools and discover practices that help you be the best possible version of yourself for your little ones.

when it's time to ask for help:

(909) 241-9549

bianca@donnabond.com

MAMA SUPPORT

we weren't meant to do this alone.

support package

\$3333 investment



EIGHT 60 MINUTE SESSIONS:

Holding a safe space to be your sounding board as you navigate mama hood with all its ups and downs. Creating emotional support for you during the sleep deprivation. Helping to alleviate, even if it's just for an hour, the struggle to find balance.



UNLIMITED EMAIL OR TEXT SUPPORT:

Sometimes we just need some unbiased reassurance. I am here for you, as your witness. You can vent, express, or ask me anything.



3 SPOT SESSIONS :

15-20 minute session in those times of need where something comes up, and your session isn't for another week. Maybe you just need to cry it out. I am here creating a judgment-free zone.

